

Foreshore Trust Small Grants Programme - Round 2 2012-13 Final Monitoring Report

Project Number & Aim	Organisation	Amount Approved	Amount Spent	Project Reports & Case Studies
FT207 Database for Mediation Service Purchase of database to manage client records and produce information and statistics.	Hastings & Rother Mediation Service	£4,900	£4,900	Project Report This is the first time we have had a database. It will help us to streamline our different projects, and will lead to greater efficiency, reduced costs and be time saving. It will also help us to effectively monitor equal opportunities data. More than one user can now access the database at the same time. Reports required by LSC and NFM can be extracted by them directly.
				Case Study Not applicable – purchase of database. Feedback Very happy with this new technology.
FT208 Diggin It This is a new practical horticultural project based at Greenoak Farm for groups of up to 8 disengaged and disadvantaged young people from deprived areas of the Borough. The project aim is to address behavioural barriers which currently result in these youngsters being excluded from education and society.	Headstart 2 Work	£4,700	£4,700	Project Report The funding provided an opportunity for young people to carry out and continue their progression. For example Lindsey found an aptitude for animal care through participating in 'Diggin It'. This project gave Lindsey the links during the summer to enable her to enter college.
				Case Study Lindsey found learning in a classroom difficult but wanted to be able to attend Plumpton college post 16. "Since I have been on the Small Animals and Pets BTEC course at Headstart School I have learnt about the welfare of animals including dogs, cats, rabbits, guinea pigs and horses. I've enjoyed visits to the school farm as well as animal centres to learn about handling, grooming and health of pets. As I find learning in an ordinary classroom difficult, doing practical things with animals that I like has been fun." Lindsey has gained a Certificate in Land Based Studies (Small Animal and Pet Care). Lindsey's confidence has grown during the course and she has gained a great deal of knowledge around handling and looking after animals. She will attend Plumpton College next year. Feedback This project hit the targets of young people's needs and cover/parent support, and proved very successful. Wish it could continue.
FT209 Composting toilet, child sink & low income family subsidised fees Funding will pay for a composting toilet, which will provide privacy and proper disposal of human waste, a low level sink for the children to wash their hands and subsidised fees	Crowhurst Community Agriculture Group (Growhursts)	£1,826	£1,728	Project Report The composting loo looks fantastic, it's beautiful! It will help us recruit new members once the weather improves. It shows that as a collective we care that people are comfortable and good hygiene standards can be maintained. The subsidised funding will encourage new families.
				Case Study Lily is a lone parent on Income Support, she has two young children aged three and four. They don't like eating vegetables. They love coming to the farm, feeding the chickens, digging up vegetables and playing with the other children. Subsidising the subscription by 50% has provided this family with hours of healthy activities, company and a positive

for four low-income families				<p>learning experience. We hope that the children planting, tending and gathering crops this year will encourage them to eat what they have grown.</p> <p>Feedback Warren said, "As parents we are much more confident about bringing children up here knowing there are toileting and hand washing facilities." Lily said, "Foreshore Trust has given me and the children the opportunity to learn about growing fruit and vegetables and keeping chickens. We couldn't have afforded this without the funding."</p>
<p>FT211 Families Respite Holiday Funding will support a respite and recreational weekend holiday for a group of client families at the Children's Centre at Hurstpierpoint. The objectives of the holiday are to provide indoor and outdoor play opportunities for children, develop the self confidence and self esteem of the children, develop greater understanding of behaviour at home and within the family and to experience the space, sights and sounds of the countryside</p>	Chichester Diocesan Association for Family Support Work	£1,800	£1,800	<p>Project Report The grant enabled us to make available the Knowles Tooth Centre for a weekend to support the families whom our Family Support Worker in Hastings works with. This is additional support for the families and one that we can only deliver through the generous support of organisations like the Foreshore Trust. Visiting families in their own homes for a few hours each week is akin to taking snapshots of their lives in the attempt to build up a bigger picture. Taking families to Knowles Tooth enables workers to see first hand what problems parents face in getting children to bed and asleep at a reasonable time and staying asleep throughout the night; what eating/feeding problems there might be etc. Lots of issues come to light when families are taken on a break and we can begin to address those issues and continue the work with the families upon their return home. Parents and children benefit enormously from the wide open spaces, the safe environment that affords them freedom from the constraints of home; the opportunity to engage in experiences not usually available to them or just plain old 'playing with mum and dad in the garden'. Family time together having fun is an important part of forming good relationships and having a break away can achieve this for families.</p> <p>Case Study 1. Diane has two children, Sophie aged 11 and Ben aged 8. Diane's husband died shortly after Ben was born. Sophie suffers from a squint and benign joint hyper mobility syndrome and Ben suffers from speech problems, has a hole in his heart and glue ear rhinitis. The sad loss of her husband at a time when she needed to rely upon him for support meant Diane required tremendous strength to support herself and her children both emotionally and physically. The health needs of her children were an additional strain on her resources. We were able to offer Diane and her family a respite break with other families to enable them all to relax, make new friends and enjoy new opportunities. Diane reported that they all enjoyed their holiday and that it had given them renewed strength and happy memories to bring back to their house. 2. Mary is a lone parent to 4 children, Jack aged 3, Kim aged 6, Chantal aged 17 and Louis aged 18. She has been subject to domestic abuse due to her partner's alcohol and drug misuse. Having 2 sets of children of comparative ages, Mary often feels overwhelmed by their very differing needs. Providing a holiday where all ages are catered for meant that the family were able to reunite and enjoy each other at a time when the eldest two would be taking strides out into the adult world. They were enabled to realise that life changes but their family is important to them and that they would continue to support each other whatever opportunities life gave to them.</p>

<p>FT213 Movie Matinees Matinee Movies is a new project focusing on increasing accessibility to the Electric Palace through two new six month programmes of daytime screenings for senior citizens and parents and babies. It is intended that at the end of the six month period the sessions will become self-sustainable.</p>	<p>Electric Palace Cinema CIC</p>	<p>£4,450</p>	<p>£4,450</p>	<p>Project Report This grant has enabled us to start two new regular screenings; Silver Screen and Parent & Baby Screenings, appealing to new audiences. They have successfully increased audience numbers and engaged new demographics to participate in local cultural activities. The funding has enable us to establish these two new screenings over a period of time to develop a core audience, which is now heading towards covering the costs of the screenings allowing us to continue them over a longer time scale. We have also been able to engage and train a new team of volunteers to run the screenings.</p> <p>Case Study None provided.</p> <p>Feedback The general response has been very positive, particularly to the Silver Screen screenings.</p>
<p>FT214 Resilience to Re-offending Project aims to develop a creative way of disseminating results of a resilience to reoffending practice framework recently undertaken by 8 young men aged 18-25 to local partners, practitioners, young people and the local community.</p>	<p>Xtrax Young Peoples Centre</p>	<p>£3,000</p>	<p>£</p>	<p>Project Report</p> <p>Case Study</p>
<p>FT216 Community Banking for community & Voluntary Groups The project is to provide a true community based banking service for local voluntary & community organisations within Hastings & St Leonards.</p>	<p>Hastings & Rother Credit Union Ltd</p>	<p>£3,315</p>	<p>£1,424</p>	<p>Project Report HRCU is now able to open accounts for community groups, and members have also now opened accounts. Project has an underspend of £1,891 as they decided it wasn't cost effective to use the Observer, and used HVA to advertise instead.</p> <p>Case Study A local residents' association received a lottery grant to start a project and needed a bank account. A local mental health charity also opened a bank account.</p> <p>Feedback Happy customers – local mental health group have benefitted greatly.</p>
<p>FT217 Totally Tool Box - Music in Me The project is called 'Music in Me', a new 'tool' for YMCA's Totally Toolbox offer. Designed to encourage our students,</p>	<p>Hastings & Rother YMCA</p>	<p>£4,785</p>	<p>£</p>	<p>Project Report The Music in Me programme has so far engaged 20 disengaged young people (NEET). We have used the funding by The Foreshore Trust grant to buy musical instruments and to set up a music qualification, NOCN Music Production, Entry levels up to and including Level 2. The qualification encompasses a range of modules, from basic musical interests to the fundamentals of setting up an independent band and editing and producing songs. The music qualification is now part of our learning offer to young</p>

<p>most of whom have had a dysfunctional relationship with schools, parents, families and life in general, to release any creativity and use music to explore their feelings and make positive changes to their direction in life.</p>				<p>people and included in our Education Funding Agency Study Programmes course. Music in Me has become intrinsic in our learning and it broadens the options for the young people we work with. We will be working with 101 young people from mid September and NOCN Music Production will be an element of this programme.</p>
<p>FT220 The Moveable Feast Community Garden The funding will pay to employ a horticulturalist in residence for a 6 month period to provide expert advice, run educational talks, demos and activities for community groups using the moveable community garden. In addition the funding will pay for a few extra tools as well as advertising costs.</p>	<p>Wonky WI</p>	<p>£4,300</p>	<p>£</p>	<p>Case Study To follow with final report Feedback To follow with final report</p> <hr/> <p>Project Report The grant paid for an expert horticulturalist to support volunteers, organise the garden and run events and workshops. Abby has created a future planting plan for the garden. She is a very positive, enthusiastic and intelligent person.</p> <p>Case Study One of our regular visitors is Herbert who celebrated his 70th birthday in August 13. When he first came into the garden he insisted that it should have been a bowling green. We soon realised that it was pointless to explain about the proximity of several bowling greens and after a while he came round to the idea of the garden, so long as he gets a cup of tea with a biscuit.</p> <p>Feedback We are extremely grateful for this grant and could not have done without Abby. The delay in receiving the grant was initially a set back but ended up working in our favour. Abby has provided 5 growing workshops and other events.</p>
<p>FT221 Respond Radio Provision of live on line community radio Station. Members would have their own series of 1 hour radio shows using things that happen in their everyday lives learning how to create shows at the workshops and then send out their shows Live online.</p>	<p>Respond Academy</p>	<p>£4,930</p>	<p>£4,930</p>	<p>Project Report The Foreshore Trust funding has enabled Respond Academy to bring professional broadcasters, DJs and producers with years of global experience on BBC Radio London, Bristol and World Service. Also the members were able to see how a professional specialist engineer made the radio shows they created come alive on the internet. All these people worked with the peer trainers to guide and give 43 young people from Hastings & St Leonards an introduction to a Radio Station/Production Course. Over 40 very different young people from the local community have been able to experience new exciting skills, including giving them access to a world class DJ, which enhanced the radio production insight, and skills to a professional level. Learning from a BBC producer how to script, edit and deliver radio programmes really worked. Enabling these youths to see the radio room as a real work experience situation. Some of them raised their won level of expertise to co-produce radio shows with peer group members. Some of them exceeded all expectations because of their initial lack of confidence due to their past experiences of isolation and barriers to learning. However, despite some language barriers as well as low self esteem and poor literacy skills this course has enabled this group to make new friendships and give them opportunities to practice and develop their use of English whilst eating, writing together, being DJs in a safe, welcoming environment. The experience, quality and knowledge of the tutors was integral to the success of the program and again, without the Foreshore Trust funding Respond</p>

				<p>Academy would not be able to afford and purchase such quality equipment as necessary for this activity. The workshops were so successful; they were advertised as 5-7pm but people were coming in at 4pm ready to start and some not leaving until 9pm. Some parents who came in to see their children while the course was operating spoke of their pride in the way their children were taking the course seriously and the level of professionalism they displayed whilst working on their shows at home. Also the producer, Rachel H, was so impressed at the commitment of a core of 15 young people that she stayed and agreed to do more workshops (in between her BBC Radio 4 show). Also Rachel H, DJ Skitz and James Venn (Engineer) have expressed a desire to continue working with some of the central core group and hope to assist in obtaining more funding to develop this project even further.</p>
				<p>Case Study & Feedback I never realised how clever I actually was. I was shocked to find that I am a natural radio producer (so Rachel H says). I am still working hard at developing my shows and I am able to assist others. Without this input I would never have got this far. To add Rachel H is still coming to work with us.</p>
<p>FT224 Adult Buddy Scheme Funding is for events and volunteers costs for the Adult Buddy Scheme from June 2012 to March 2013. The Adult Buddy Scheme offers a range of leisure activities for young disabled adults in Hastings & St Leonards, aged between 18 and 24, whose members have mild to moderate learning disabilities, some with additional medical problems and physical disabilities.</p>	SEAP	£1,020	£	<p>Project Report (Interim) We have used the money you gave us last year to pay for events for the adult buddy scheme which takes disabled young adults out on outings and supports them on many different activities, which helps them make some new friends with people of their own ages and with similar disabilities to them. I have use the money for a number of events swimming, bowling, cinema, meals out and Laser quest. The money has really helped our members to make new friends and also allowed them go to many different places, meet new people and also to learn and experience things in life that they would not normally do. It has also helped with their confidence in helping them to learn to get out on there own more, such as using buses on their own.</p>
				<p>Case Study Lucy is a young lady who has only just joined the scheme and has trouble controlling her diabetes. She also has a lot of problems at the moment as she is also a young mum who does not get much support. She is in and out of hospital at the moment as she is unable to control her blood sugar and has fits because of it. Lucy came to her first event on Saturday 17th August to our cinema event to see Percy Jackson and the sea of monsters and she really enjoyed herself and is looking forward to come to the next event. Lucy hopes to build up her confidence to train to be a volunteer so she can help our other members to make the most of the scheme.</p>
				<p>Feedback I am disabled myself and being a volunteer on the scheme and now running the adult buddy scheme myself has really helped me to learn about other people disabilities not just my own and to help me understand how other people deal with their disabilities.</p>

<p>FT225 Reminiscence Project Funding will provide weekly reminiscence and family history sessions with a subsidised lunch and social table games for older people in a disadvantaged neighbourhood, including visits to Kew records office to carry out research and IT sessions to look up residents' ancestry on line.</p>	<p>Oasis Community Project - East Hastings</p>	<p>£1,990</p>	<p>£1,622</p>	<p>Project Report Funding enable residents who are older to gain skills in PC use and using websites. Residents felt that they were more involved in the community by attending family history and lunches.</p> <p>Case Study The computer lessons were very helpful as I am new to this technology, and the tutor was very informative. This led on to a trip to Kew Family History Records Office, at which I found out about my husband's family past with the help of Lauren – an Oasis volunteer. It was so interesting and my husband was very pleased with the results that we achieved. Reminiscence was something that brought back happy and not so happy memories of childhood. All in all very rewarding sessions and I would like to do some more.</p> <p>Comment & Feedback All residents that attended gave positive feedback. They have all requested more family history since visiting Kew. They have contacted family members and used their new IT skills.</p>
<p>FT227 Hastings Adventure Playground An area of land has been set aside to create a community garden. Funding will pay for purchase of tools, equipment and seeds to enable children and young people to grow their own food whilst learning about how plants grow, where food comes from and healthy eating.</p>	<p>In2Play</p>	<p>£1,050</p>	<p>£1,050</p>	<p>Project Report The Foreshore Trust grant has enabled children and families to make solid plans about how to further improve and develop the outdoors at the Adventure Playground. Children have been active on this site for around 2 years and workers have been busy improving their knowledge about what grows happily in the surroundings and sharing what we learn with the young people. To grow vegetables successfully we need to encourage a diverse range of wild plants to encourage pollinators like bees, and natural predators such as ladybirds. A lot of the time this entails reducing the dominance of brambles and nettles, which grow tall very fast in the spring, cutting out light at ground level and stifling other plants. On previous years we have struggled to keep these particular plants from taking over but we have purchased good quality tools with the funding and also plants which should diversify ground cover and attract beneficial bugs to help our food growing efforts. We have bought a carefully selected mix of wild grasses and flower seed that should thrive behind the playground building if we prepare the ground carefully. These will provide a good environment for insects and birds as well as fun for children. Children are very enthusiastic about digging into the ground to see what they can find. Some very strange things can turn up along with the worms on our site because of its history. The process and the fun of this can potentially get children enthused about nature for life and this is what we as workers hope will happen. The healthy eating aspect of our bid has been addressed during the winter months through the healthy fruit snack that children prepare for each other during every session. In many cases they are open to trying new flavours because they like the atmosphere at the club. Once the growing season starts there will be many new flavours to try. We have pea, bean and nasturtium seeds, and the produce of which the children can graze on raw. We have also bought a large number of different flower seeds that we hope will establish quickly so that the children can see the fruit of their work on site.</p>

				<p>Case Study Not provided.</p> <p>Feedback Although we have worked with children on healthy eating topics over the winter months and continued to be very active with them out of doors, now that we have better quality waterproofs and more wellies to fit our older age group children, the 'growing' aspect of bid can only be properly documented during the coming 6 months. After school sessions take place in the dark from October to the end of January. The earth is pretty dormant and I guess we didn't consider this sufficiently when we made the bid last April. That said, we have been fitfully constructing a greenhouse out of a 1000 or so recycled lemonade bottles – a project that is a bit more involved than we initially thought – and this might help our growing project off to a flying start come the spring. Pictures have been included with the report so that you can see how the site looks and what we have been doing, but we would be very happy to send you a further update a bit later in the year.</p>
<p>FT228 Hastings Storytelling Festival Funding to support the 2102 Hastings Storytelling Festival (HSF) - a programme of events across the Old Town with wider out-reach through the town centre and four children's centres, which will pay to support the programme costs for events to take place on the Stade.</p>	<p>Hastings Old Town Residents Association</p>	<p>£2,500</p>	<p>£2,500</p>	<p>Project Report Hastings Storytelling Festival ran a well received programme of events that brought new families in contact with stories through outreach opportunities as the Children's Centres (East Hastings, Red Lake and HMAG) and the Bridge Community Centre. The artists then repeated the performances for the public at the Children's Library and The Stade in an aim to bring new audiences to these venues. The festival also hosted a well received Continuing Professional Development programme for local dancers, storytellers, teachers and interested members of the public (comments attached). This enabled us to incorporate artists from diverse backgrounds into the programme and explore the links between storytelling and dance. The festival produced a high quality brochure. We have created a database of contacts from the audiences who provided feedback, whom we will approach next year for feedback, which will be used to inform the planning of Hastings Storytelling Festival 2013.</p> <p>Case Study Not provided.</p> <p>Feedback - HOTRA We appreciated the support of the Foreshore Trust which has enabled us to pay artists according to approved rates and has interested many more new contacts in good quality storytelling.</p> <p>Feedback – Participants Pacey, fun and good interactions with the children. Reminded me of sitting transfixed, listening to my mum telling me stories before I grew too old to appreciate them. Sense of community, people of Hastings making quality events and the promise of that, innovative and inclusive. The teachers are amazing, the participants are amazing too, I'm sorry but everything was the best. Whole day was brilliant, performers excellent and approachable. Love it all!</p>

				<p>The variety of speakers and styles, Professor Philips was fascinating. Humour, creativity, splendid! Excellent venue, fabulous food, lovely stories evoking many memories, great service and value. Getting Billy Childish was amazing and the highlight of the week. A triumph for 18 hours and HOTRA. Good combination of imaginative live show plus meet the artist session. Wonderful teachers, generous and inspiring. Both of the workshops were wonderful. Enjoyed it very much. Feeling the nature of India and Africa, I feel energised.</p>
<p>FT229 Trip to Drusillas and New Equipment The funding will contribute to subsidising the coach hire and outing to Drusilla's on 17th July and to replace the group's toy cooker.</p>	Park Road Toddler Group	£412	£412	<p>Project Report The grant helped to fund a day out for the group, which a lot of the families cannot normally afford. We also managed to replace some of our equipment, which was old and broken. We would not have been able to do any of this without the grant.</p> <p>Case Study Me and my 2 year old daughter went to Drusilla's with park Road Toddler Group last summer. We all had a great time and the organisation was great. All the children had a lovely time.</p> <p>Feedback I regularly attend Mother and Baby Group at Park Road. The group has greatly benefitted from the new toy kitchen equipment that was purchased thanks to the funding provided by the Foreshore Trust. The equipment is now central to the play activity in the group and is loved by all the children, both boys and girls. The equipment is wooden and sturdy and ideal for the level of use it has at the group. Many thanks for this well needed addition at this group.</p>
<p>FT231 Volunteer Training The funding will pay to recruit and train volunteers, both as advisers and reception staff, to support the triage service now provided by CA1066 at the Advice Hub in Renaissance House, thus ensuring that only the more complicated cases are referred for specialist advice.</p>	CA1066	£5,000	£5,000	<p>Project Report We were able to recruit, train and support more volunteers than originally anticipated due to our increased income. Several of these volunteers will stay with us for many years and will continue to assist local clients with various problems and also mentor new volunteers.</p> <p>Case Study One volunteer joined us to train as a triage worker and achieved this quite quickly. She has now started training as an adviser and taken on the role of Social Policy Co-ordinator too. This work will help us to provide evidence, which will be used to try and influence local and national decision makers and will allow her to develop more skills and knowledge for the future. Thank you for your assistance.</p>

Foreshore Trust Small Grants Round 2 Project Photos

FT209 Growhurst



FT221 Respond Academy – Respond Radio

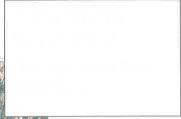
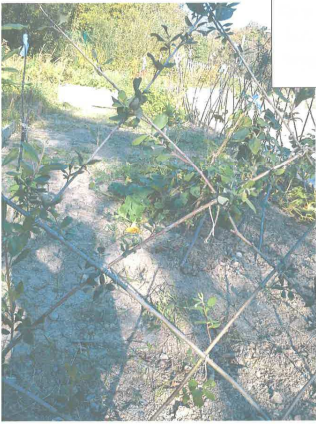


FT225 Oasis – Reminiscence Project



FT227 In2Play – Hastings Adventure Playground

in2play



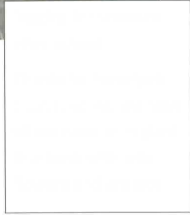
The Community Garden area at Hastings Adventure Playground and seeds coming to life in the garden

in2play



Little ones enjoy playing with the earth
These herbs could probably survive up in the garden

2



Digging for treasure after school.

Thanks to the Foreshore Trust we have all we need to replant this bank with wild flowers and grasses. Children are often amazed at what they find.

FT228 HOTRA – Hastings Storytelling Festival



FT229 Park Road Toddlers – New equipment



FT229 Park Road Toddlers – New equipment